

# *Teamsters and Food Employers Security Trust Fund*

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TO: All Plan Participants

FROM: Board of Trustees  
Teamsters and Food Employers Security Trust Fund

RE: Nurse Practitioner  
Amended Definition of Doctor or Physician

The Trustees have amended the Plan Document's definition of Doctor or Physician for the Indemnity Medical Plan to include Nurse Practitioners under specific conditions as stated below:

The term Doctor or Physician shall also include "Nurse Practitioner" ("NP") who is duly licensed in the state in which they practice, and is board certified, but only if the licensing state allows the NP to work autonomously without physician supervision, there is no PPO physician in the geographic service area, and the NP is contracted with a preferred provider network.

A Nurse Practitioner is defined as follows:

"Nurse Practitioner" means a Registered Nurse who has completed specific advanced nursing education and training in the diagnosis and management of common medical conditions who is licensed by the state in which they practice to work autonomously without physician supervision, and has board certification through the American Nurse Credentialing Center or the National Certification Corporation.